

#### Help us make sure that no one has to face cancer alone

CANMORE HOSPITAL FOUNDATION Healthy together. In 2020 Alberta Health Services reported that 1 in 2 people in Canada will be diagnosed with cancer in their lifetime.

The generosity of community members like you, make it possible for the Canmore Hospital Foundation to invest in over \$30,000 in supportive cancer programs and initiatives for patients at Canmore General Hospital each year.

Your financial contribution will ensure that needs for specialized cancer programs, enhanced services and updated equipment at Canmore General Hospital are met.

"The programs help to reduce the anxiety of treatment, manage pain, develop a greater acceptance and find peace in times of uncertainty," says Carolyn Henry oncology nurse and manager at the Bow Valley Community Cancer Centre "It's not just about the treatment," she adds. "We want to make sure that everybody who comes here has all the tools to help them through their journey."







# Support through the Journey

### Thank you for considering a gift to the Canmore Hospital Foundation

The Bow Valley Cancer Clinic is located inside the Canmore General Hospital and is available for patients who require chemotherapy and other services. The goal of the clinic is to "Treat Closer to Home" so that cancer patients either do not have to travel or must travel less often.

The clinic provides services in the Bow Valley as well as to patients in Cochrane and Invermere when appropriate. In addition to the primary focus, providing chemotherapy treatments, there are also a range of services and resources available to any patient who has a cancer diagnosis.

At the clinic patients have access to a variety of program options including yoga, mindfulness, art therapy, music therapy, and massage. A volunteer driver program also provides transportation services to patients who have difficulty travelling. For those that require financial support, vouchers and gift cars are available for use at local grocery stores and gas stations.

"Oncology Massage can be a valuable addition to a cancer care plan whether a person is in treatment, awaiting treatment, or recovering. ...By nourishing the patient's body, mind and spirit through the promotion of relaxation, comfort, and sleep quality, the immune system is then better supported to handle the disease and recover from treatments." Rhiannon Hughes, RMT at Bow Valley Community Cancer Clinic

#### Creating comfort through support

The cost of delivering programs at Bow Valley Community Cancer Centre at Canmore General Hospital is **\$30,000+ each year** for:

- Art and music therapy
- Yoga
- Massage therapy
- Staff and patient education
- Grocery and gas cards
- Drivers program

#### Thank you for your Consideration

A donation to the Canmore Hospital Foundation makes a significant difference to Cancer patients and the care teams that make sure their physical and emotional needs are met.

We look forward to discussing the opportunity to welcome you as a partner. Your contribution will ensure that members of our community who face cancer, can be cared for locally which we know helps reduce the physical and psychosocial symptoms of a diagnosis, and ultimately improves overall patient wellness.

#### Canmore Hospital Foundation

The Canmore Hospital Foundation is a registered charity, separate from the Canmore General Hospital.

Funds raised by the Foundation through the generosity of our donors does not replace base funding through Alberta Health Services but enhance the patient care provided by the hospital through equipment purchases, programs, staff education and improvement of facilities.

We have been a staple of the health community in the Bow Valley area for more than 20 years and through the generosity of our community we have raised over \$8 million dollars.

## Contact Canmore Hospital Foundation

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